

CLSH's Community Resource Program September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labour Day Closed	3 Mini Golfing/lunch with Roger @10:30am \$10:00 One Care in Exeter 1:30pm	4 One Care Exercise Class 11:00am Cannonball Bowling 1:30pm	5 Swimming in St. Marys with Ian 9:30am \$4.75 "Drafting" at the Dashwood Park with Tim 1:30pm Outreach Spa event @ Exeter Villa 1:30pm	6 Visit the Pinery and picnic lunch with Jessica 11:00am Bluewater Nursing Home Bingo 2:00pm	7
8	9 One Care Exercise Class 11:00am Sari Tour with Emma A.M Tim Invites the Arc Advocates for Baseball Game At Dashwood Community Centre 1pm	10 Drumming Circle with David 1030am Humming Bird Feeder craft with Ryan 1pm Day Program Host Bean Bag Toss @ Seaforth Manor 1:45pm	11 Bible Study with David 9:30am One Care Exercise Class 11:00am Cannon Ball Bowling 1pm	12 One Care at Anglican Church Grand Bend 10:00am Meals on Wheels in Exeter 11:20am Visit Butterfly Conservatory with Kaitlin L @ 11:00am \$15.00 Walk it for Parkinson's 2:30-3:30pm Bluewater Nursing Home (Donation)	13 Art with Val A 10:30am Reading Class with Steven K. @ 1:00 pm Bowling A 1:30pm \$4.00 with shoes/\$6.00 without shoes	14
14	16 Ashley Host Ladies Spa in Seaforth 10:30am Queensway Host Bingo 10:20am One Care Exercise Class 11:00am Dried bean mosaic with Melissa @ 1pm	17 Morrison Dam Walk and Picnic Lunch with Wayne 10:30am Auditory Reading Class with Jeffery 1 pm Pinterest craft with Linda 1pm **** Coffee Break Alzheimer's Fundraiser @ Bluewater Nursing Home @ 2:30-3:00 pm (donation)	18 One Care Exercise Class 11:00am Cannon Ball Bowling 1pm Money counting with Allison 1pm	19 One Care Hensall United Church 9:30am Mitchell Zoo & bag lunch (Richard) 10:45 am	20 Meals on Wheels in Exeter 11:20am Learn to bake Chocolate Chip Cookies with Jessica @ 1:30pm Bluewater Nursing Home Bingo 2pm	21
22	23 Fall craft activity with Dawn & Cassie @ 10:30am One Care Exercise Class 11:00am Bean Bag Toss at Bluewater Nursing Home 2:00pm Arc Advocates 1:00pm	24 Men Can Cook in Grand Bend \$ 10:00am Exeter Fidget Makers 10:00am Art with Val B 10:30am Meals on Wheels in Exeter 11:20am	25 Bible Study with David 9:30am One Care Exercise Class 11:00am Cannon Ball Bowling 1:pm	26 Band Jam with Kim 9:15am -11:30pm One Care at Anglican Church Grand Grand Bend Glow golfing and DQ lunch with Ian @ 1:00am \$	27 Birthday Party Lunch 12:00pm Bowling B 1:30pm \$4.00 with shoes/\$6.00 without shoes	28
29	30 Muffin/Coffee Social @ Bluewater Nursing Home \$3.00					